

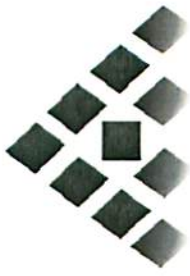
Williston High School
PO Box 1407
Williston, ND 58802

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October

October 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun.
			1 B V State Tennis @ Fargo	2 B V State Tennis @ Fargo B & G V CC Home-12 PM B V FB Home w/Mandan-7 PM	3 B V State Tennis @ Fargo G JV VB Tourney @ Dickinson B 9 FB Home w/Mandan-1 PM G 10 VB Home w/Belcourt-1 PM G V VB Home w/Belcourt-2:30	4
5 G V State Golf @ Wahpeton	6 G V State Golf @ Wahpeton B JV FB @ Bismarck-4:30 PM	7	8	9 G V Swim @ Gillette-4 PM	10 G V Swim @ Gillette-8 AM B 9 FB @ Bismarck-1 PM G 10 VB Home w/Century-1 PM B & G V WDA CC @ Dickinson-1 G JV VB Home w/Century-2:30 G V VB Home w/Century-4 PM B V FB @ Bismarck-7 PM B & G Bowling Dickinson Invite-2	11
12	13 B 9 FB @ Glendive-5:30	14	15 G 10 VB Home w/Dickinson-4:30 PM G JV VB Home w/Dickinson-6 PM G V VB Home w/Dickinson-7:30 PM	16 G V Swim Home w/Jamestown-5 B V FB @ Dickinson-8 PM	17 G V Swim @ Minot-11 AM B 9 FB @ Dickinson-1 PM G 10 VB @ Jamestown-1:30 PM G JV VB @ Jamestown-3 PM G V VB @ Jamestown-4:30 PM	18
19	20 G V Swim Home w/Minot-5 PM B 9 FB Home w/Watford City-5:30 PM	21 G 10 VB Home w/St. Mary's-4:30 PM G JV VB Home w/St. Mary's-6 PM G V VB Home w/St. Mary's-7:30 PM B V FB Home w/Minot-7	22 TEACHERS CONVENTION NO SCHOOL	23 TEACHERS CONVENTION NO SCHOOL	24 B & G V State CC @ Valley City-1 B & G Bowling Mandan invite-1	25
26	27	28	29	30 G 10 VB @ Bismarck-4:30 PM G V Swim @ Bismarck-5 PM G JV VB @ Bismarck-6 PM G V VB @ Bismarck-7:30 PM	31 G V Swim @ Jamestown G 10 VB @ Mandan-10 AM G JV VB @ Mandan-11:30 AM G V VB @ Mandan-1 PM	



The Coyote Howl

“Principal’s Page”

The weather is slowly changing from summer to autumn and the leaves are changing color. The Heen/Ihmels cross country meet was this month along with WDA girl’s golf and the Homecoming activities leading up to the football game against Mandan. State tennis was also this month so our fall calendar is coming to a close rather quickly. The Coyote young women and men are working very hard to capitalize on their seasons.

Coyote’s In the News

We want to express heartfelt congratulations to the following Coyotes for their achievements as semifinalists for the National Merit Foundation. Megan R., Vance N. and Daniel B. have been nominated to compete as a finalist in this prestigious endeavour.

ND Scholarships-2010 Graduates

ND Academic Scholarship: Certification from DPI that student received composite score of 24 on ACT

ND Career and Technical Scholarship: ACT composite score of 24 or a score of at least a five on each of three WorkKeys assessments recommended by the CTE and approved by the superintendent of public instruction

So if your son/daughter is considering going to college and has attained a 24 on the ACT or completed the assigned requirements on the WorkKeys assessment, they are eligible for a \$750 scholarship.

School Codes

With the increased awareness of school safety, WPSD #1 has implemented emergency code procedures in order to protect our students and faculty. In the past few days, we have experienced firsthand how these codes work. This is a synopsis of each code.

Code Yellow: This would be if a situation is happening at another school or determined by Administration.

Code Orange: This would include situations where police would be contacted. This code would not be used for non-violent situations when police are called on campus.

Code Red: High Alert. This would be an intruder on campus. Total lock down of the school.

Important Dates

- Oct. 26-Nov. 13: State Testing
- Nov. 11: Veteran’s Day (No School)
- Nov. 9 & 12: Parent/Teacher Conferences
- Nov. 26 & 27: Thanksgiving Break

Professionally,

Chris Kittleson
Principal

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Counseling News

Williston High School Counselors

Miss Koperski, Ms. Forthun

Mr. Lysne

October 2009

Scholarships

Society of Automotive Engineers (SAE) offers an SAE Engineering Scholarship for specific schools as well as schools in general. The deadline for the application is December 15. Amounts range from \$1,000 to \$10,000. Information and the application can be found at www.sae.org/students/engschlr.htm

Coca-Cola Scholars Foundation will be selecting its next class of Coca-Cola Scholars in the upcoming school year. Three million dollars a year is awarded annually to 250 students. The scholarship is based upon leadership, commitment to community and academic achievement. Visit www.coca-colascholars.org for the application. The deadline is October 31.

Horatio Alger Association annually awards more than five million dollars in college scholarships and grants. You apply online at www.horatioalger.com/scholarships. The deadline for the application is October 30.

Prudential Spirit of Community Awards are given for volunteer service in our community. Students in grades 9-12 may apply. The deadline is October 31. Apply online at www.prudential.com/spirit

AXA Achievement Scholarship is for seniors who demonstrate ambition and drive, determination to set and reach goals, have respect for self, family and community and the ability to succeed in college. Go to www.axa-achievement.com to learn more about the program and to download an application. The deadline is December 15.

Montana State University at Bozeman offers a scholarship to non-residents. Information can be found at <http://apply.embarc.com/ugrad/montanastate/>

UND has several honor scholarship programs available for pre-freshman and undergraduate transfer students. Financial aid is intended to supplement the financial contributions from the student and family. Students are offered financial assistance in various forms, including scholarships, grants, employment and loan programs. A complete listing of detailed financial aid offerings is available at www.financialaid.und.edu/aid_eligibility.html

Minnesota State University-Moorhead has many scholarship opportunities for the 2009-10 school year.

Visit their website at www.mnstate.edu/finaid

Zachary Robert Anderson Wrestling Scholarship is set up by Zach's family to help a student with financial needs for school. Open to male and female athletes either graduating from high school or already attending college. Applicants must be a graduate of the following counties: Custer, Daniels, Dawson, Fallon, Phillips, Prairie, Richland, Roosevelt, Sheridan, Valley or Williams. Deadline date is November 1.

Applications are available in the counselors' office or online at

<http://zach-anderson.net/scholarship.htm>

ACT Registration

Williston High School Code: 351-880

The number of students who register for the ACT online has steadily increased each year. Nearly half of the WHS students who wrote the ACT last year registered online. The flier is located in the counselors' office that will guide you through that process. The traditional method of registration can still be done and those packets are in the counselors' office as well. The benefits of registering online are that you can complete your registration 24/7, you will get your admission ticket sooner and you will have access to the most up to date list of locations so you can get the best choice of test centers. The cost of writing the ACT is \$31 without the writing test and \$46 if you select to do the writing. To register online, go to www.actstudent.org

SAT Registration

The easiest way to register for the SAT is to visit their website at www.collegeboard.com. You will get immediate confirmation of your registration. The cost of the SAT reasoning test is \$43. The SAT is given in Williston on November 7. Deadline to register for this date is October 2.

Dates to Remember

October 2 – Deadline for the November 7 SAT

October 7 – ASVAB assessment at WHS

October 13 – PLAN test for sophomores

October 14 – PSAT test for juniors

November 3,4,5 – ND State Assessment for Juniors

November 3 – Northern State Rep

In the commons @ 11:30 AM
November 9 – NDSCS Rep
In the commons @ 11:30 AM

testGear

WHS has a site license for Choices and testGear purchased by Student Loans of North Dakota. testGear is an online tool that gives students the practice they need to reach their full potential on the college entrance exam ACT. This online learning system adapts to each student's needs by targeting their weaknesses and helping them to build necessary skills. Stop by the counselors' office to pick up your instructions on how to use the program. Workshops will be held this fall for students and their parents to attend in order to learn how to best utilize the program.

Knowledge for College

This resource addresses borrowing for college, finding free money for college, learning about the alternative to four-year school and a section just for parents. Check the website out at www.collegeanswer.com/index.jsp

ND Scholars Program

This program recognizes outstanding ND High School seniors for scholastic achievement as measured by their ACT scores. Those students who are selected must enroll in a ND college or university and will be awarded an in-state tuition scholarship. To be considered, you must be scheduled to graduate from a ND High School in 2011, attend a ND college or university and take the ACT on one of the following test dates:

December 12
February 6
April 10 & 28
June 12

Information is in the counselors' office.

New ND Scholarship Opportunities

There are two brand new opportunities for ND students to academically earn scholarship money to attend any of the post-secondary institutions in ND. Students who receive a 24 composite score on the ACT can receive \$700 per semester for up to four years of post-secondary educational costs. This could amount to as much as \$6000 and, once they are in college, they must maintain a 2.75 college GPA.

For the graduates of 2010, the two scholarships are the ND Academic Scholarship and the ND Career & Technical Scholarship. For the ND Academic Scholarship, the student needs to have the ND Department of Public Instruction certify that the student received a 24 on their ACT and the money then will be sent each semester to that designated ND institution.

For the ND Career Scholarship, the student either needs to earn a 24 on the ACT or take the WorkKeys assessment program from ACT and earn at least a five on each of the three tests. The WorkKeys assessment consists of Reading for Information, applies Mathematics and Locating Information. The Class of 2010 will have until February 6, 2010 to take the ACT test or WorkKeys test.

For the Class of 2011 and beyond, the requirements change drastically. For the Academic Scholarship, you must meet the following requirements: 1 credit of Algebra II, 1 credit for a math that Algebra II is a prerequisite, 2 credits of the same foreign language or Native American language, 1 credit of fine arts or career and technical education, 1 additional credit of a foreign language, fine arts or career and technical education, obtain a grade of a "C" in each credit or half-credit required for the diploma, have a cumulative GPA of at least a "B", a 24 on the ACT and 1 credit of an advanced placement course with the examination or a dual-credit course. For the Career and Technical Scholarship for the Class of 2011 and beyond, the requirements differ. To receive the scholarship, you must meet these requirements: 1 credit of Algebra II, 2 credits of an approved plan of study of career and technical education coursework, 3 additional credits, 2 of which must be in the area of career and technical education, obtain a "C" in each credit or half-credit required for the diploma, obtain a cumulative GPA of a "B", receive either a 24 on the ACT or earn at least a five on each of the three WorkKeys Assessments.

There are still many different items to work out with this new legislation that was created by the 2009 ND State Legislature. In addition to these items, the Class of 2011 will be taking the ACT or the WorkKeys Assessment on April 28, 2010. This test will be paid for by the local school district. Miss Koperski encourages anyone who has questions to contact her at the high school at 572-0967, extension 8253.

***For Title VII-JOM Native
American Program Information:***

*Contact Lora Riveland at
572-5618, Extension 131
or stop by her office
at Williston Middle School, Room 212*

DRESS CODE

(at school or school sponsored events)

Students are expected to have appropriate appearance at all times. Inappropriate appearance includes, but is not limited to, the following:

1. Excessively torn or tattered clothing.
2. Clothing which is in poor taste, too revealing (this includes both shirt and skirt length), clothing containing obscene words or pictures.
3. Clothing that promotes alcohol, tobacco or bars.
4. Hooters, Co-ed Naked, Big Johnson, Playboy bunny or similar items.
5. Spaghetti straps, tank tops, shirts that expose the midriff or décolletage.
6. Colored hair or body piercing that draws attention from the learning process.
7. Chains hanging from clothing.
8. No sheer or gauze fabrics.
9. Boy's sleeveless shirts.
10. Dressing in any manner to draw offense from others and/or detract from the educational process.

Violation of the dress code will result in these actions:

First offense: Student sent to administrative office and problem is corrected.

Second offense: Student removed from school and put into in-house suspension.

Third offense: Suspension from school for three days.

Wearing of hats or caps by either girls or boys will not be allowed. Common courtesy dictates the removal of hats upon entering the building as a sign of respect.

Violation of the hat policy will result in these actions:

First offense: Surrender cap to adult requesting the cap. It will be given to administration and given back at the end of the day.

Second offense: Surrender cap to adult requesting the cap. It will be given to administration and parent will need to stop by and it will be returned.

Third offense: Cap will be confiscated for the remainder of the school year. Each subsequent violation will result in an additional cap being taken for the remainder of the year.

Attention all Parents: Classroom fees will be mailed out in October and can be paid after that time. Any activity fees can be paid at your earliest convenience. This will need to be done in order for your son/daughter to participate. They can be paid in person at the Main Office of the High School or mailed to:

**Williston High School
PO Box 1407
Williston, ND 58802**

If you have any questions please call the Main Office of Williston High School at 572-0967.

**Greetings from the WHS
Music Department!**

The school year is off to a great start! At the end of September, we had about 60 students audition for the NW Music Festival. The students selected for those choir and band ensembles will go to the festival November 6 & 7 in Minot, ND. The choir and band fall concerts are in October, so we are all working hard to prepare some great music to share. Please plan to attend and support our music students!

Fall Choir Concert:

**Monday, October 19 @ 7 PM
in the WHS Auditorium**

Fall Band Concert:

**Thursday, October 29 @ 7 PM
in the WHS Auditorium**

Mr. Eric Rooke, Band

Mrs. Katie Rooke, Choir



CELL PHONES

Cell Phone Violations:

1st Offense - The phone is kept until the end of the day, or the end of the following day; according to the preceding rule.

2nd Offense - A Parent must come and get the phone at the end of the next day.

3rd Offense - The phone will be returned at the end of the week, or after the weekend, at the end of the day.
The phone will be kept for a minimum of 3 days.

Please help us enforce our policy by refraining from texting or calling your student during school hours. Please call the office with last minute messages that could not be known before your student left for school and we will relay your message at an appropriate time.

Microsoft Student Select:

Get Microsoft Software For Less

North Dakota EduTech, Microsoft, E-Academy, and Software House International have teamed up to provide K-12 students, staff, and parents the opportunity to purchase certain Microsoft products at deep discounts. These products include Microsoft Office 2007 Pro/Standard/Enterprise, Office 2008 for Mac, OneNote, Visio, Student 2008, Project 2007, and Windows Vista Upgrade. Each student can purchase up to one copy/license of each software title.

For pricing, go here and click on Student Select:

http://www.edutech.nodak.edu/services/technical_services/purchase_agreements/

For parents/students to purchase software, they need to use their student's @sendit.nodak.edu email address. They can access Student Select through this website:

<http://edutech.nodak.e-academy.com>

ATTENDANCE POLICY

The faculty recognizes regular attendance as necessary to ensure continuity in the educational process. Classroom learning experiences are a meaningful and essential part of any educational system. Time lost from class is irretrievable, particularly a student's opportunity for interaction and exchange of ideas with teachers. The absent student loses the benefits of lectures, discussions, and participation with other students. This school district, therefore, considers encouragement of consistent and timely attendance a major responsibility.

Parents:

It is your responsibility to let the school know when your child is not going to be in attendance. Your student/students will be considered unexcused until we've received verification from you that they had your permission to be out of class. Please be advised that unexcused absences can have an impact on your student's grades as they may result in a 0 on assignments/tests etc. So please do your part to ensure that your student/students are receiving the grade they deserve by verifying their absences.

Please familiarize yourselves with our 8 & 16 policy (see below). Because you now have the same information available to you on PowerSchool that we have, we're requesting that you consult PowerSchool frequently to stay up-to-date with your child's attendance. The WHS Attendance Office is no longer assuming responsibility for calling parents regarding all unexcused absences but will try to consult you when we notice patterns developing or suspect that a student is skipping class.

8/16 Policy: A student must not be absent from a class more than 8 times for a semester course or 16 times for a full year course. As a matter of procedure, the Attendance Office will notify parents by letter whenever a student has accumulated 5 or more non-school related absences in a class. From then on, it is the student's responsibility to monitor his/her attendance to avoid credit loss. Upon a student's 9th absence in a semester course or 17th absence in a full-year course, (excluding absences due to school activities, medical absences supported by a physician's written verification of specific illness, and in-school suspension), the assistant principal will send the parent/guardian written notice of credit loss. If the parent/guardian would like to have the credit loss reviewed, a meeting may be requested with the assistant principal and the Attendance Review Board by contacting the assistant principal within three school days from the date the parent/guardian was first notified of the credit loss. The meeting must be held within five school days of the request or may be delayed if agreed upon by the parent/guardian and the assistant principal.

FBLA News

Dana Michaelson, Advisor

The local chapter of the Future Business Leaders of America is now in session. We have had two meetings so far and elected most of our officers for this year. The officers are as follows:

President: Jacob O.
Vice President: Caleb S.
Secretary: Laura M.
Treasurer: Marcus F.
Webmaster: Aaron M.

Parliamentarian: (still to be decided)

We hope to plan some community service projects, any suggestions would be appreciated. We still maintain our Coyote souvenir store in the concession area of the Phil Jackson Fieldhouse and welcome everyone to check out our products. Currently, we are open during home games held at the Fieldhouse. We hope to add new items to our selection as the year gets into full swing. If there is something you would like to see sold, let us know and we'll see if it can be ordered.

Mid-Term & Nine Week Grading Schedule for WHS

First Nine Weeks – October 28	(Period 4)
Mid-Term – December 1	(Period 4)
Second Nine Weeks – January 12	(Period 4)
Mid-Term – February 16	(Period 4)
Third Nine Weeks – March 23	(Period 4)
Mid-Term – April 23	(Period 4)
Fourth Nine Weeks – May 28	(Mailed)

FOREIGN LANGUAGE WEBSITE...

**The Foreign Languages website
has changed!!**

Please see <http://coyotespanish.pbworks.com>
to stay updated on what is happening
in foreign languages classes!
You may also access this site
through the high school's website
by clicking on the Foreign Languages link.

Atomic Learning

Atomic Learning has great resources for learning how to use software programs for both PC and Macintosh computers.

Teachers, students, parents,
and community members can use it.

To use it at home, go to www.atomiclearning.com
In the login box in the upper right hand corner,
enter the following:

login: willistonps

Password: (Please get this from your school's office)

After you have logged in, click on either the "Windows
Tutorials" or "Macintosh Tutorials". Then select the program
and the section(s) you want to view.

NOTICE:

**WHS will no longer be mailing out
the "Coyote Howl" Newsletter every
month to the families of the student body.**

**It will, however, be available online at
<http://www.williston.k12.nd.us/>**

**If you do not have access to the internet,
you can request a mailing by calling
Tara in the office at 572-0967,
extension 8201.**

**Please remember...when
placing a call into WHS,
please be sure to dial the
number 8 first, then the
extension number.**

Check It Out

Harvest has begun at WHS Library, and we have bushels of new books and AR tests.

FICTION

Laugh-Out-Loud—*Absolutely True*

Diary of a Part-Time Indian by Sherman Alexie: a budding cartoonist is caught between his family and friends on the rez and the people at his new all-white school.

“The hot new teen series”—*Hunger Games* and *Catching Fire* by Suzann Collins: a world where teens fight for survival...literally.

Modern girl becomes Greek goddess—*Fate* picks up where its prequel *Tattoo* left off as Jennifer Lynn Barnes continues her series.

Virtual life vs. reality—*Gamer Girl* by Mari Mancusi: a not-so rockin' life except online where she is in control of everything.

Princess in jeopardy—*Aurelia* by Anne Osterlund: danger and adventure for a princess and her protector.

Otherworldly adventure—*The Cole Protocol* by Tobias Buckle: Halo fans enter the world of the game for more battles

Guns, horses and modern life—*C.J. Box's* series about game warden Joe Puckett...some AR, some not, but all good!

NONFICTION

One person changes the world—*Three Cups of Tea* by Greg Mortenson (young reader's edition): after getting lost in the mountains of Pakistan, Mortenson promised to build a school for the village that saved his life. From that promise rises a national effort to bring education to the region.

Humor, horror and honesty—*Raising Blaze* by Debra Ginsberg: true story of a mother and son's journey into autism.

Lists of new AR tests are posted in the English teachers' rooms—78 are too many to list here.

Remember that the library book catalog can be accessed online through the district website, WHS Library, and open the **Destiny Book Catalog** at WHS. By changing the Reading Program, you can search for Accelerated Reader books specifically ☺

Miss Snyder, LMS

WHS Homecoming 2009

Karla Olson, Advisor

770-0890

The Williston High School Student Council is proud to announce the event schedule for Homecoming 2009. Homecoming will be the week of September 28 – October 2. The football game will be with the Mandan Braves and the theme for this year is “Coyotes Got Game”.

Monday, September 28:

Retro Video Game Day

Float Building kicks off from 5 PM to 10 PM

Tuesday, September 29:

We Love the 80's Day

“Meet the King and Queen Candidates” video during announcements.

Entire school will vote for King and Queen
Float Building from 5 PM to 10 PM

Wednesday, September 30:

Neon/Aerobics Day

****NO FLOAT BUILDING****

Thursday, October 1:

Construction Worker's Day

Float Building from 5 PM to 10 PM

Friday, October 2:

Orange and Black Day

Pep Assembly at WHS – 1:30 PM

Parade – 4 PM

Homecoming Game – 7 PM

Half-time – Crowning of King and Queen

Announce Float Winners

Homecoming Dance – 9 PM (Rec. Center)

Sponsors for Pre-Game & Coronation:

WELL PRO

WISCO

ideas for parents

Easy Ways to Build Assets for and with Your Child

FAST FACTS

ASSETS: 40 Keys to Effective Parenting

Assets are 40 key building blocks of development that help youth grow up healthy. The more assets youth have, the more likely they are to succeed.

56%

of youth surveyed by Search Institute have just 20 or fewer of these assets in their lives.*

What Are Assets?

Assets are 40 values, experiences, and qualities that help kids succeed.

* Based on Search Institute surveys of 217,277 6th- to 12th-grade youth throughout the United States during the 1999-2000 school year.

Powerful Parenting: The Asset-Building Way

It's easy to get scared as a parent. Watching the news, we see crime, drinking and driving, teen pregnancy, gang warfare, suicide. We wonder what's going to happen to our children.

In our fear, we may end up scaring our kids so that they live in fear as well. Or, we may look the other way, thinking that these things would never affect our families.

Whatever the approach, most parents feel uncertain at times. We would like to know the secrets of healthy parenting in a world that often seems very unhealthy.

The idea of "developmental assets," introduced by Search Institute in Minneapolis, gives a new sense of hope and practical direction for parents. Researchers at Search

Institute have identified 40 assets that have a powerful, positive impact on young people. Children and teenagers who have a lot of assets get involved in very few risky behaviors—the kinds of problems we worry about. And when young people have a lot of assets, they are much more likely to do the positive things we value.

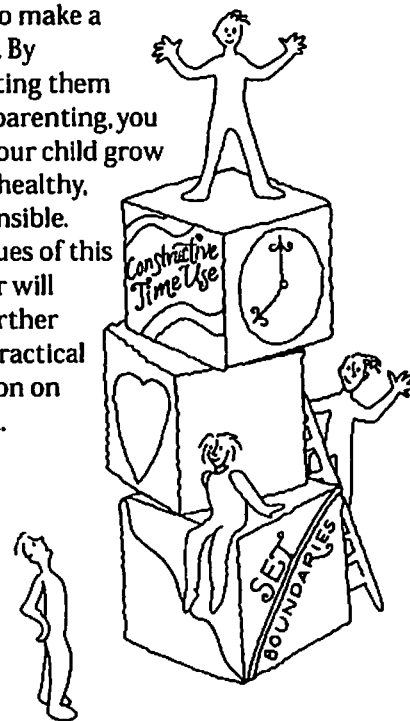
Assets do make a difference. By incorporating them into your parenting, you can help your child grow up happy, healthy, and responsible. Future issues of this newsletter will explain further and give practical information on each asset.

How to Start

Search Institute has identified eight types of assets that are crucial for helping young people grow up healthy:

- Supporting and loving your child.
- Empowering your child.
- Setting clear and realistic boundaries and expectations.
- Helping your child use her or his time in meaningful, constructive ways.
- Encouraging your child to develop a lifetime commitment to learning.
- Instilling in your child positive values.
- Developing social competencies in your child.
- Encouraging your child to form a positive identity.

Each area involves several specific assets. See the "asset quiz" for a list of all 40.



Quick Tip:
Focus on the positive and your children will, too.

Assets: How Does Your Child Rate?

Take this quiz to see how many assets you think your child has. Check each statement you feel is true.

- 1. My child receives a lot of love and support from family members.
- 2. My child and I communicate positively, and my child is willing to seek me out for advice and support.
- 3. My child receives support from three or more non-parent adults.
- 4. My child has neighbors that encourage and support her or him.
- 5. My child's school provides a caring, encouraging environment.
- 6. I am actively involved in helping my child succeed in school.
- 7. My child feels that adults in the community value youth and children.
- 8. My child is given useful roles in the community.
- 9. My child serves in the community one hour or more per week.
- 10. My child feels safe at home, at school, and in the neighborhood.
- 11. Our family has clear rules and consequences, and monitors our child's whereabouts.
- 12. My child's school provides clear rules and consequences.
- 13. Our neighbors take responsibility for monitoring my child's behavior.
- 14. I and other adults model positive, responsible behavior.
- 15. My child's best friends model responsible behavior.
- 16. I and my child's teachers encourage my child to do well.
- 17. My child spends three or more hours per week in lessons or practice in music, theater, or other arts.
- 18. My child spends three or more hours per week in sports, clubs, or organizations at school and/or in the community.
- 19. My child spends one or more hours per week in activities in a religious institution.
- 20. My child is out with friends 'with nothing special to do' two or fewer nights per week.
- 21. My child wants to do well in school.
- 22. My child likes to learn new things.
- 23. My child does at least one hour of homework every school day.
- 24. My child cares about her or his school.
- 25. My child reads for pleasure three or more hours per week.
- 26. My child places high value on helping other people.
- 27. My child wants to promote equality and reduce hunger and poverty.
- 28. My child acts on convictions and stands up for her or his beliefs.
- 29. My child tells the truth even when it is not easy.
- 30. My child accepts and takes personal responsibility.
- 31. My child believes it is important not to be sexually active nor to use alcohol or other drugs.
- 32. My child knows how to plan ahead and make choices.
- 33. My child is good at making and keeping friends.
- 34. My child has knowledge of and comfort with people of different cultural, racial, and ethnic backgrounds.
- 35. My child can resist negative peer pressure and dangerous situations.
- 36. My child seeks to resolve conflict nonviolently.
- 37. My child feels he or she has control over things that happen to her or him.
- 38. My child feels good about her- or himself.
- 39. My child believes that her or his life has a purpose.
- 40. My child feels positive about her or his personal future.

Scoring: Give yourself one point for each "true." Total up the number of points. This is the number of assets you think your child has. Now ask your child how he or she would answer.

This checklist is an educational, awareness-raising tool. It is not intended nor appropriate as a scientific measurement of developmental assets of individuals.

FiNal WoRD

"Like a dream catcher, assets are the supporting threads in a young person's life that can keep away harm and invite goodness."—*Helping Kids Succeed—Alaskan Style*

This newsletter and other asset resources are produced by Search Institute, www.search-institute.org; 800-888-7828.
Copyright © 1997, 2003, 2005 by Search Institute. Major support for Search Institute's *Healthy Communities • Healthy Youth Initiative* is provided by Thrivent Financial for Lutherans.

Questions? Comments? Ideas? PLEASE CONTACT SOMEONE BELOW!

WILLISTON HIGH SCHOOL: 572-0967 Susan Bradford, Ann Koperski, Brent Lysne

WILLISTON MIDDLE SCHOOL: 572-5618 Katie Peterson

HAGAN ELEMENTARY SCHOOL: 572-4960 Erica Skoglund

LEWIS & CLARK ELEMENTARY SCHOOL: 572-6331 Tracy Hanson

RICKARD ELEMENTARY SCHOOL: 572-5412 Stacey Eskelson

WILKINSON ELEMENTARY SCHOOL: 572-6532 Loren Sailer

Williston High School Lunch Menu Oct-09

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p><u>BREAKFAST</u> Waffles Sausage</p> <p><u>LUNCH ENTREE'S</u> Chicken Rice Hotdish Burrito Stuffed Crust Pizza</p> <p><u>SIDES</u> Dinner Roll Glazed Carrots Tropical Fruit</p>	<p>2</p> <p><u>BREAKFAST</u> Scrambled Eggs Toast</p> <p><u>LUNCH ENTREE'S</u> Hot Ham/Cheese Sandwich Philly Steak Stuffers Stuffed Crust Pizza</p> <p><u>SIDES</u> Potato Wedges Pineapple</p>
<p>5</p> <p><u>BREAKFAST</u> Breakfast Burrito</p> <p><u>LUNCH ENTREE'S</u> French Toast Ham & Cheese Wrap Stuffed Crust Pizza</p> <p><u>SIDES</u> Sausage Patty Applesauce Juice</p>	<p>6</p> <p><u>BREAKFAST</u> Ham, Egg & Cheese On An English Muffin</p> <p><u>LUNCH ENTREE'S</u> Chicken Patty On A Bun Pizza</p> <p><u>SIDES</u> Toasted Green Beans Fresh Fruit Pudding</p>	<p>7</p> <p><u>BREAKFAST</u> Ranchers Hashbrowns</p> <p><u>LUNCH ENTREE'S</u> Chili Corn Dog Stuffed Crust Pizza</p> <p><u>SIDES</u> Cinnamon Roll Strawberries Bananas</p>	<p>8</p> <p><u>BREAKFAST</u> Pancakes</p> <p><u>LUNCH ENTREE'S</u> Chicken Fajita Chicken Fettuccini Stuffed Crust Pizza</p> <p><u>SIDES</u> Pears Smore Pocket</p>	<p>9</p> <p><u>BREAKFAST</u> Ham & Cheese Crispito</p> <p><u>LUNCH ENTREE'S</u> Pizza Taco In A Bag</p> <p><u>SIDES</u> Corn Mandarin Oranges</p>
<p>12</p> <p><u>BREAKFAST</u> Breakfast Pizza</p> <p><u>LUNCH ENTREE'S</u> Hamburger On A Bun Chili Crispito</p> <p><u>SIDES</u> Potato Smiles Blueberries</p>	<p>13</p> <p><u>BREAKFAST</u> Maple Egg Pancake</p> <p><u>LUNCH ENTREE'S</u> Chicken Nuggets Egg Roll</p> <p><u>SIDES</u> Mashed Potatoes/Gravy Corn Fresh Fruit</p>	<p>14</p> <p><u>BREAKFAST</u> French Toast</p> <p><u>LUNCH ENTREE'S</u> Spaghetti Bagel & Yogurt</p> <p><u>SIDES</u> Garlic Toast Broccoli Peaches</p>	<p>15</p> <p><u>BREAKFAST</u> Muffin Yogurt</p> <p><u>LUNCH ENTREE'S</u> Sloppy Joe Taco Hot Pocket</p> <p><u>SIDES</u> French Fries Mixed Fruit Cookie</p>	<p>16</p> <p><u>BREAKFAST</u> Mini Breakfast Corn Dogs</p> <p><u>LUNCH ENTREE'S</u> Sub Sandwich Italian Chicken Sandwich</p> <p><u>SIDES</u> Chips/Salsa Applesauce</p>
<p>19</p> <p><u>BREAKFAST</u> Scrambled Egg Toast</p> <p><u>LUNCH ENTREE'S</u> Hot Dog Chili Stuffed Crust Pizza</p> <p><u>SIDES</u> Seasoned Pasta Peas/Carrots Tropical Fruit</p>	<p>20</p> <p><u>BREAKFAST</u> Cinnamon Biscuit Hashbrown Patty</p> <p><u>LUNCH ENTREE'S</u> Burrito BBQ Chicken On A Bun Stuffed Crust Pizza</p> <p><u>SIDES</u> Corn Mexican Rice Fresh Fruit</p>	<p>21</p> <p><u>BREAKFAST</u> Egg Patty Bagel & Cream Cheese</p> <p><u>LUNCH ENTREE'S</u> Popcorn Chicken Sweet & Sour Chicken Stuffed Crust Pizza</p> <p><u>SIDES</u> Scalloped Potatoes Cheddar Biscuit/Green Beans Strawberry Cup</p>	<p>22</p> <p>TEACHERS CONVENTION</p> <p>NO SCHOOL</p>	<p>23</p> <p>TEACHERS CONVENTION</p> <p>NO SCHOOL</p>
<p>26</p> <p><u>BREAKFAST</u> Ham, Egg & Cheese On A Bagel</p> <p><u>LUNCH ENTREE'S</u> Pizza Chicken Patty</p> <p><u>SIDES</u> Creamed Corn Pineapple</p>	<p>27</p> <p><u>BREAKFAST</u> Cheese Omelet Toast</p> <p><u>LUNCH ENTREE'S</u> Corn Dog Beef Stew Stuffed Crust Pizza</p> <p><u>SIDES</u> Baked Beans Fresh Fruit</p>	<p>29</p> <p><u>BREAKFAST</u> Cinnamon Roll</p> <p><u>LUNCH ENTREE'S</u> Hamburger Stroganoff Fish Burger Stuffed Crust Pizza</p> <p><u>SIDES</u> Dinner Roll Corn Cranberry Whip</p>	<p>28</p> <p><u>BREAKFAST</u> Breakfast Burrito</p> <p><u>LUNCH ENTREE'S</u> Chicken Round Ups Turkey/Bacon/Cheese Sandwich</p> <p><u>SIDES</u> Seasoned Pasta Green Beans Mandarin Oranges</p>	<p>30</p> <p><u>BREAKFAST</u> Breakfast Pizza</p> <p><u>LUNCH ENTREE'S</u> Soft Shell Tacos Rib Sandwich Stuffed Crust Pizza</p> <p><u>SIDES</u> Mexi-Tots Peaches Pumpkin Cookie</p>